# Khabbar

### North American Konkani Newsletter

Volume XXVII No. 1 January, February, March - 2004

From:
The Honorary Editor,
"Khabbar"
P. O. Box 222
Lake Jackson, TX 77566 - 0222
XXVII-1
ADDRESS SERVICE REQUESTED

# **FIRST CLASS**

TO:

# Khabbar Follies

In this section, Khabbar looks into the Konkani community and anything and everything that is Konkani from a Konkani point of view. The names will never be published but geographic location will be identified in general terms.

There is no doubt in my mind that *Khabbar* is a part & parcel of life of Konkanis in North America. In fact, *Khabbar* has developed a special relation with most of the Konkani families and here are some examples of those close encounters of a different kind........

*Khabbar* has an untarnished record of getting published regularly every quarter. I did not know how much Konkani families depended on it and how it affected their lives till I heard what this family from NC had to say!

"You know, we as empty nesters, both me and my wife, look forward to receiving *Khabbar* at the end of every quarter. Us both working, we try to come home early during that time of the quarter so we will get a first crack at *Khabbar*. If my wife gets the *Khabbar* first, she hides it from me because, if I get it first I will start reading it from the front to back! I'll be late for dinner and the whole daily routine gets upset!!"

Dear Konkani family,

The Editor's reply: "To maintain tranquility at home, should two copies of Khabbars be sent - His & Hers!?!"

*Khabbar* is published regularly on a quarterly basis and almost all of the readers appreciate that. But, they have no idea about the people behind the scene in publishing *Khabbar* or do they...!?!

Here's a note I got from this family in NJ who sent in their annual dues with holiday greetings which read,

Wishing you, Poornima, Vinodh & Vindya and **your editorial staff (if any)** a happy & healthy holiday season"

**The Editor's reply:** "If any !?!, What do you mean? Actually, the Editorial Committee & the Advisory Committee of *Khabbar* oversees day to day affairs of *Khabbar!!*".

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#### SUBSCRIPTION FORM:

Please, note that you have the FREE access to the eKhabbar, the electronic version of

Khabbar, by logging on to ekhabbar.com. If you want hard copy, then only renew your subscription for 2004 at \$15.00 a year. Please, don't pay for future years! Please, fill the form below and send your subscription with a check payable to Khabbar to P. O. Box 222, Lake Jackson, TX 77566-0222. (Canadian Konkanis please pay cash or MO in US\$)

Name:

Spouse Name:

Telephone:

Email ID:

Children

Name Boy/Girl d.o.b. Hobby/Interest

Comments, if any:

#### **Quarterly Newsletter**

For Circulation to the Konkani Community in North America Volume XXVII No. 1

January, February, March - 2004 Honorary Editor: Mr. Vasanth Bhat Mailing Address:

P. O. Box 222

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Tel: (979)-299-3210

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Annual Subscription: \$15.00

Make check payable to "Khabbar" & mail to P.O.Box 222, Lake Jackson, TX 77566-0222

The Editorial Committee reserves the right to exclude, edit and correct all material received for publication and does not accept any responsibility for views expressed by authors of the publications.

### **EDITORIAL**

Dear Konkani family,

I hope all is well with you and your family.

This issue of *Khabbar* has been mailed to <u>ALL</u> families that have paid dues **at least** once since 1994. In other words, families who have not paid since 1993 will not be receiving this issue and for families that have paid only in 1994, this will be the last time they will receive the hard copy of *Khabbar*. The numbers on the mailing label clearly indicate the year/s the dues for *Khabbar* has been received since 1994 and if there is any error, let me know.

It is time to renew your subscription for 2004. The Advisory Committee of *Khabbar* is glad that the annual dues will remain the same at \$15.00 a year and for that you get:

- Four issues of the *Khabbar*,
- Annual Mailing List and
- Discounted advertisement rates.

The on-line version of *Khabbar*, ekhabbar, will be on the web a **quarter** after the hard copies have been mailed. This issue has **not** been mailed to families that have specifically indicated that they will access ekhabbar.

The 2004 *Khabbar* Mailing List has been mailed <u>only</u> to families that have paid their subscriptions for 2003. Please, note that this list is a prized possession of our community and help me to keep it up-to-date. Send names and addresses of Konkani families that are not in the list to P. O. Box 222, Lake Jackson, TX 77566-0222, or email khabbar@hotmail.com and

rest be assured that I'll "khabbarize" them!

The Advisory Committee of *Khabbar* is pleased to report that there are quite a few unofficial *Khabbar* correspondents in your area who send in the *hoon khabbars* on a regular basis. It is quite evident that this quarter these correspondents have done a great job. If your area is not represented wholly, let me know and I'll recruit more volunteers. Also, most of the articles and news item come voluntarily on a regularly basis. If you send them via email (khabbar@hotmail.com) it makes the editing job much easy.

The North American Konkani Association (NAKA) is slowly but steadily gaining strength. With support & encouragement from all the Konkanis in North America, NAKA can look after our interest for years to come. If you have any constructive suggestions, send them to naka1@indiatimes.com.

The efforts to have the best Konkani SammeLAn in July of this year are underway. Do not miss out on this great function of the year! All the committees have put in their time & effort to make it worthwhile for each and everyone of you. Visit their website: <a href="https://www.konkani2004.com">www.konkani2004.com</a> to get the latest information and register early to avoid disappointments.

This past quarter must have brought the happiest news to all the Konkanis worldwide. Government of India showered the most prestigious award of

Padma Bhushan to Sri. M. V. Kamath the veteran journalist. Also, hearty congrats to Dr. Sheela Basrur of Ontario, who has been appointed Chief Medical Officer of Health and Assistant Deputy Minister of Public Health Division for the Ministry of Health and Long Term Care.

Khabbar extends the warm greetings to these Konkanis who have made us all proud.

On the Quiz front, *Khabbar* has remained as an undefeated champion for a long time! NOBODY got the correct solution to the last quarter's quiz!! Probably, this quarter's quiz is easier!?! Let us see, how many of you will get them right?

Khabbar will always publish appeals for charity free of charge but cannot collect money on behalf of any charity. Families are encouraged to send the money directly to the concerned charities. It is amazing to see so many appeals come to Khabbar on a regular basis. Khabbar firmly believes in helping our people whether it is in India or here. In this issue, I have published the appeal from **Dr. P. Gowri Pai** of Puttur, D. K., who has done a tremendous job in helping our elderly. She needs our support. Please, extend your help to the maximum extent.

Happy *Yugadi* to you all. Hope peace & tranquility prevails on earth

Devu Boren Karo.

<u>Vasanth</u> Editor

# Letters to the Editor .....

Letters to the Editor will be considered for publication unless the writer requests otherwise. Letters may be edited for publication. Editor reserves the right not to publish anonymous letters. Initials only on request if the writer includes his or her name.

Dear Vasanth Bhavaji,

I hope I have beaten your NJ and PA cronies in compiling this year's analysis of the 2004 *Khabbar* Mailing List dated 12-6-2003!

Here's my analysis for this year:

Of the 1,757 families in the list (it was 1,728 last year!), we have Konkanis living in 44 states & DC (same as last year!). We do not have any Konkanis living in Alaska, Idaho, Montana, North Dakota, South Dakota, and Wyoming.

Also, we have:

188 Kamat(h)

179 Shenoy, Shenai, Shanbh(o)ag(ue)

171 Pai

132 Nayak (Naik)

98 Prabhu

80 Rao (u)

73 Bhat(t)

39 Baliga

32 Mal(1)ya, Mallia, Mahale

26 Kini

25 Nadkarni(y)

16 Kudva

14 Bhandarkar, Bhandari(y)

13 Hegde

11 Kop(p)ikar

10 Acharya.

10 Hatt(i)angadi(y)

10 Amladi

The Kamat(h) families have regained the lead. California still leads with 358 families (2 more than last year!) and San Jose, CA has the highest number of Konkani families living (59)!

Keep up the great work.

P. Vasudev Kamath, Shrewsbury, MA

\*\*\*\*\*\*

Dear Vasanth Uncle-Happy Holidays.

I am Vishwanath Hegde's daughter and I am writing you on behalf of the South California Konkani youth. As you now the convention in Southern California is in July and the youth need some help with the publicity of certain activities. We are trying to have a competition during the convention for all the youth. We need to generate the interest for this

competition as soon as possible. I have attached the flyer that we are ending out. What would we need to do if we wanted to advertise this competition in the next *Khabbar* newsletter?

I appreciate any help that you can give me

Regards,

Anjali

anjali.hegde@remingtoni.com

Dear Vasanthmam.

I request you to make a final republication of the appeal for entries for the Essay Competition, which you published in *Khabbar*.

The actual wording is attached as a Word document. The deadline for entries is April 15<sup>th</sup> 2004. So please publish it if your next issue will come out before that date.

You are doing a marvelous job. Thank you very much.

Regards,

Vivek Ullal

vivekullal@sbcglobal.net
\*\*\*\*\*\*\*

Dear Editor,

We are a group of NRIs originally from different parts of India and settled in London. We want to dedicate this IndianReunited.com an absolutely free service to our great country (India) and Indians all over the world so people in India and Abroad can find their school/college friends free of cost.

We need your help so please help us to reunite Indians, we will be grateful for your help.

We would like you to advertise about the launch of IndianReunited.com in your printed or online news edition, the message should be as given below:

#### Message for Press/Media.

IndianReunited is a free service dedicated to Indians/NRIs or person of Indian origin looking for their friends and relatives in India and from all over the world. With a massive Indian database from each and every city of India and from all over the world, the Indian Reunited team is now giving

you to an opportunity of a lifetime to get in touch with all your friends and colleagues free of cost.

The Managing Director, Mr. Ujjawal Bhardwaj and the IndianReunited team Mrs. Karishma Bhardwaj and Mr. Rajesh Toleti, a group of London-based NRIs, take this website as an opportunity to boost Indian solidarity between NRIs and people back home in India.

Please Visit and Register with <a href="https://www.IndianReunited.com">www.IndianReunited.com</a> and find your School and College friends through us because:

IT IS ABSOLUTELY FREE.

IT IS SIMPLE TO USE.

WE HAVE LISTINGS OF 65 000 SCHOOLS AND COLLEGES FROM ALL OVER THE WORLD.

WE HAVE MORE THAN 20000 CITIES INTHE WORLD.

THIS IS A SYMBOL OF INDIAN SOLIDARITY.

We will be grateful for your help. We are waiting for your reply soon.

Thank you,

Ujjawal Bhardwaj Managing Director Minibiz Ltd London UK

www.IndianReunited.com www.Minibiz.co.uk

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Dear Vasanth Bhat,

The Jan.04 issue of "Kanara Saraswat" (which is now in its 92nd year of publication) has published a summary of the Chitrapur Saraswats census 2001 Report, on page 19. If interested you can log on <a href="http://www.kanarasaraswat.org/">http://www.kanarasaraswat.org/</a>.

There are many revealing facts surfaced. In the same issue, page 40/41 carries details of All India Saraswat Convention held at Dombivali(Mumbai) on 9<sup>th</sup> Nov.03. Rest all fine. with warm regards,

Rest all fine. with warm regards yours sincerely

Camp: Troy, MI snsurkund@yahoo.com

S.N.Surkund

# **Hoon Khabbar**

#### **Congratulations:**

The partners of Zaritsky Penny, Chartered Accountants LLP London, Ont. announced that after three years of intensive study and examinations, Mr. ASHOK BHATT of London. Ont. has achieved the professional designation of Chartered Business Valuator (CBV) from the Canadian Institute of Chartered Business Valuators. Ashok is one of the only handful of CBV's in London, Ont. CBV's play a critical role in mergers and acquisitions, financial litigation and other arenas in which businesses need to identify and articulate their value.

**Sri K.V.KAMATH,** of Mumbai, India, CEO and Managing Director of ICICI Bank, was featured on a full page interview with Arun Jain in the January 9<sup>th</sup> 2004 issue of *India Abroad*. Sri Kamath discussed how this Indian bank has risen to be a major global competitor.

Jacksonville, FL based allergist **Dr. SUDHIR PRABHU** has been honored with the Jacksonville Community Quarterback Award in recognition of his contributions to the community.

The National Football League Charities funds the award, consisting of a plaque showing the NFL logo and signed by footballers. It recognizes community and youth volunteers who show commitment to bettering their communities.

Prabhu founded the Community Asthma Partnership, Inc, a model volunteer based private-public coalition to improve awareness, education, access and quality of asthma care in the community, especially among children and the medically under-served through outreach projects.

Prabhu is active in several charitable causes, serving on the board of the regional chapters of the American Red Cross, the American Lung Association and the medical board of the IM Sulzbacher Center for the Homeless, among others. He serves in the Advisory Committee of the local

chapter of Ekal Vidyalaya which provides value-based primary education to tribal and other underprivileged communities in rural India. He has also served as the American Association of Physicians of Indian Origin's regional director.

The Jaguars commended Prabhu for initiating the service project targeted to intervene in children with high risk asthma identified through the emergency rooms, which has already made a positive impact in the lives of scores of children.

"It is individuals like Dr. Prabhu, willing to give back for the betterment of the community who are our real quarterbacks," remarked Delores Weaver, wife of Jacksonville Jaguars owner Wayne Weaver during the presentation ceremony.

"It feels good. It is gratifying that the larger community recognizes our work," Prabhu commented.

Jacksonville has an estimated 3,000 strong population of Indian Americans.

Noted journalist, **Sri Madhava Vittal Kamath**, (**M. V. KAMATH**) was one among the nineteen people selected for the *Padma Bhushan*, India's third highest civilian award. These awards were announced January 25th 2004, eve of the country's 54<sup>th</sup> Republic day.

He was also appointed as the next chairman of *Prasar Bharathi*.

Kamath, who hails from a small village in Udupi, settled in Mumbai and became world-famous journalist of our time. M V Kamath has worked as reporter, foreign correspondent and editor, in Mumbai and Delhi besides Bonn, Paris, Geneva, Washington and New York. The veteran journalist, known for his fluency in any given subject, is a popular columnist for a number of periodicals.

**Sri J. S. D'SILVA** was among the eight selected for the "Sandesh awards 2004", instituted by Sandesh Foundation for Culture and Education in Mangalore. He won the award for his work in Konkani Literature. The

awards carry Rs 10,000 in cash, a trophy, citation and a certificate. The award ceremony was held on February 24 in Mangalore.

**Dr. T. M. A. Pai Foundation of Manipal** honors distinguished
Konkanis every year on *Sankranthi*Day and this year, on January 15<sup>th</sup>
2004 the following were honored:

- 1. **Sri Suresh Prabhu,** MP, Lok Sabha,
- 2. Dr. P. D. Shenoy, Medicine
- 3. **Sri. Ramnath G. Kare,** Industrialist, Goa and
- 4. **Sri Gaurish Kaikini,** Literature, Mumbai (Posthumously)

**Dr. SHEELA BASRUR** of Ont., Canada has been appointed Chief Medical Officer of Health and Assistant Deputy Minister of Public Health Division for the Ministry of Health and Long Term Care.

Konkani Association of Ontario (KAO) has continued to evolve in the North American multicultural mosaic. KAO is sponsoring the 2006 Konkani Sammelan in Toronto. Thanks to the initiative of **Sadanand Benegal**, Past President & Advisory Board Member, KAO, recently Omni 2 TV undertook the taping of Konkani history, migration in and out of India, and the evolution of KAO, to be broadcast sometime in April/March 2004 on the program "Badhai Ho".

Prof. RAGHUNATH NAYAK, of Scarborough, Ont., the Founding Member/President of Konkani Association of Ontario (KAO) and member of the KAO Advisory Board has been appointed Director of India. This umbrella Panorama organization in association with Consulate General of India provides a platform to Indian associations. groups and individuals to promote cultural values and heritage and bring the true spirit and flavor of multiculturalism.

Raghunath Nayak was also asked by the Consulate General of India to write an article entitled "A Guide to Settling Down in Canada for New Immigrants". The article was published in the 55<sup>th</sup> Republic Day Celebration 2004 souvenir magazine. It has also been posted on the Consulate General of India website http://www.cgitoronto.ca

#### **Konkani Graduates:**

**GAUTUM,** eldest s/o Mukund & Surekha Pai of Solon, OH, graduated with a B.S. (Biology) with Honors from Ohio State University in June 2003. He is currently working with a local BioChemical firm in Twinsburg, OH as a Product Manager.

SATYAN, younger s/o Mukund & Surekha Pai of Solon, OH, graduated from Solon High School in 2003. He ranked 2<sup>nd</sup> in his class and was a National Merit Commended student. He is now a Freshman at Carnegie Mellon University in Pittsburgh. Although, currently undecided his interest in Biology and computer science may lead him to the field of Bioinformatics.

ROHAN s/o Dr. Radhakrishna & Nilima Kamath, Shawnee, OK, a graduate of Duke University, is currently attending American University in Washington DC to pursue a career in Law.

MEENAL RAVI GOKARN (nee Surkund) completed her Masters of Arts in Communication Disorders from university of Minnesota (Twin city Campus) in December 2003. She commenced her clinical fellowship year at Edina Public Schools from January 2004.

**MANJUNATH,** s/o Premchandra & Sujatha Pai of Modesto, CA will be attending Ohio State University in Columbus, OH this fall for his M. D. program. He did Eng. Comp. Science (Hons) from UC Davis, CA.

**RAJANI,** d/o Dr. Rajarama & Mrs. Aneetha Shenoy of Shelton CT, graduated cum-laude on December 20<sup>th</sup> 2003 from Cornell University with B.S. in Operations Research and Industrial Engineering. She graduated a semester early and is now employed by Science Applications International Corporation (SAIC) in Arlington, VA.

**NIKHIL**, s/o Ravindra & Vidya Nayak of Flanders, NJ graduated from Georgetown University in December 2003 with a degree in Economics, *magna cum laude*. This summer, he will start working for a DC based healthcare consulting firm.

**DEEPA SHENOY** of Mississauga, Ontario has graduated from University of Toronto in January 2004 with a Master of Engineering Degree in Mechanical and Industrial Engineering. Deepa's Masters Thesis is titled "Multi-Agent Decision Support System for Freight Forwarders"

NISHANT, s/o Sadanand & Suvarna Mankikar of Burlington, Ont. has achieved his Certified Public Accountant (CPA) designation. After four years with the chartered accounting firm of KPMG LLP where he articled for his Chartered Accountant (CA) designation, he has now moved to TDL Group (Tim Hortons) as Manager of Internal Controls.

#### **New Arrivals:**

ANIKA HANA, a baby girl, to Sumanth & Sandhya Rao Chandavarkar of Ottawa, on July 29<sup>th</sup> 2003. Proud grandparents Vrinda Rao, (& the late M. Somshekhar Rao), and Shyamsunder & Sujata Chandavarkar.

**OM,** son to Shashin & Shilpa Surkund of Troy, MI on 30<sup>th</sup> Sept. 2003, a grand son to Shiv-Shankar & Suchitra Surkund of Mumbai.

AVANTIKA, a 5lb 1 oz and 18" tall baby girl, the first, to Nishad and Lisa Pai of Escandido,CA, on Nov. 13<sup>th</sup> 2003. The paternal grandparents are Mohan & Vishaya Pai of Somerdale, NJ and maternal grandparents are Rick & Nancy Cameron of Scottsdale, AZ. Maternal great-grandmother is Smt. Vasanthi Nayak of Edison, NJ.

MAYA, a baby girl, to Ramu & Sheetal Shenoy and baby sister to brother, Neil. Proud grandparents Vishwanath & Nalini Shenoy and Mahendra & Bhavana Shah and proud great grandmother, Arvinda Shah.

KHUSHI, a baby girl to Narasimha & Rekha Nayak of Tallahassee, FL on January 28<sup>th</sup> 2004. The paternal grand parents are Nagesh & Sharada Nayak of Mangalore and visiting young Khushi are her maternal grand parents Prabhakar & Jaya Kamath of Mangalore.

**SIMRAN**, a baby girl to Nandan & Superna Kalle of Manhattan Beach, CA on February 2<sup>nd</sup> 2004, a sister to Taran. The paternal grand parents are Hemu & Mamata Kalle, of Camarillo, CA.

**SURAJ**, a baby boy to Prasan & Sabitha Pai, of Mission Viejo, CA at 9:00 PM on Monday Feb 16<sup>th</sup> 2004. A brother to Roshan. The paternal grand parents are Kochikar Raghuram & Ramabai Pai of Mission Viejo, CA and the maternal grandparents are Basty Narayan & Lalitha Shenoy of Mangalore.

**ARYA**, a baby girl to Prashant & Anupama Kalle of Trabuco Canyon, CA on March 3<sup>rd</sup> 2004.

#### **Brahmopadesham:**

Chi. RAHUL, s/o Krishna Mohan & Vinaya Nayak of Naperville, IL had his *moonji* ceremony on September 28<sup>th</sup> 2003 at Balaji Temple in Aurora, IL. Rahul's maternal grandparents from India attended the function. Many relatives and friends also graced the occasion. The function was celebrated very grandly.

Chi. SAMEER, s/o of Deepak & Sheila Kini of Westford, MA (grandson of Suresh & Anuradha Nayak of Houston, TX) had his *Brahmopadesham* ceremony on December 19<sup>th</sup> 2003 at Sri Guru Ganesh GSB Seva Mandal, Sion, Mumbai. He received blessings from his close family and friends.

Prashant & Seema Bhat of Campbellsville, KY celebrated the Brahmopadesham of their eldest son Chi. SAMARTH at Puttur (DK), India on December 28th 2003. This was celebrated with Samarth's maternal parents grand Shri Panduranga & Smt Mohini Kamath and family and friends.

The latest *hoon khabbar* is that the *Vatus are* busy doing "*SandyaVandan*".

#### **Engagement:**

Chi. MADHAV, s/o VijayKumar & Prema Rao of Oak Brook, IL, got engaged to Kum. SHEETAL, d/o Prakash & Shaila Khedkar of Carol Stream, IL. Madhav is doing residency at Emory Hospitals in Atlanta, GA and Sheetal is in Medical school at Georgetown University in Washington D.C.

Kum. SUCHETA d/o Madhav & Sushila Heble of Toronto is engaged to be married to Chi. AZIZ HURZOOK, s/o Abbas and Marja-Liisa Hurzook of Toronto. Their marriage date is set for March 27, 2004.

#### **Newly Weds:**

Sow. SMRITI, d/o Subraya & Shamala Shenoy of Wallington, NJ married to Chi. GEORGE, s/o J. & Reena Joseph on Saturday, December 27, 2003 at 12:36pm at Kohinoor Hospitality Management Center Sane Guruji Vidyalay Building, B.W.Pathare Marg, Dadar (West), Mumbai.

The reception was held on 29<sup>th</sup> December 2003, from 7:30 pm to 10:30 pm at Wilson College grounds, Marine Drive, Mumbai.

**Sow. SANGEETA,** d/o Suresh & Seema Bhat of Houston, TX married to **Chi. JOHN,** s/o Larry & Frankie Jo Beauchamp on Saturday January 3<sup>rd</sup> 2004 at the Woodlands Waterway Marriott in The Woodlands, TX

**Chi. SUDHIR** (of Sunnyvale, CA), second s/o Sri Raghava & Jaya Pai, of Mumbai, married to **Sow. DEEPA**, d/o Datta & Padma Gumaste (of London, UK) on 17<sup>th</sup> January 2004 (auspicious *Muhoortu* at 12:25 pm) at Hotel Rang Sharada, Bandra, Mumbai. Reception was held next day at the same hotel. The couple celebrated their Honeymoon in Kerala resorts.

Konkani Happenings: The Konkani Association of Southern California (KASC) held their first function for 2004, *Shivaratri Bhajan*, at the residence of Vishwanath & Shalini Bhat of Chino Hills, CA on February 21<sup>st</sup> 2004.

#### **Relocation:**

The **PAI** family, Vijay & Kavita, have relocated within Houston, TX to 4419 Pine Blossom Trail, Houston, TX 77059. Their new telephone is (281)-218-0612.

The **NAYAK** family, Ramesh & Roopa, have relocated from Reading, PA to 98 Oakridge Dr., Indiana, PA 15701. Their new telephone is (724)-349-1257 and email ID: <a href="mayaksrus@yahoo.com">nayaksrus@yahoo.com</a>.

The **KAMATH** family, Akash & Manisha have relocated within Greenville, SC to 102 Quail Creek Lane, Greenville, SC 29615. The email ID: manishakamath@hotmail.com

The **MALLYA** family, Satish & Nilima, together with their daughters, Sarita & Nisha, have relocated from Haverhill, MA to 86 Ann Dr., Richboro, PA. The new telephone is (215)-355-4177 and email ID: nsmallya@yahoo.com.

**Dr. KESHAV C. KAMATH Ph.D.,** has relocated from Pompton Lakes, NJ to 25651 Pebble Creek, Farmington Hills, MI 48336. His new telephone/FAX is (248)-888-9128.

The **THAKKAR** family, Sharmila Rao & Rakesh have relocated within Chicago, IL to 507 N. Wells Street, Unit 1, Chicago, IL 60610. Their new telephone is (312)-955-8338 and email ID: Sssrao@aol.com

The **NAYAK** family, Raghuveer & Anita have relocated within Oak Brook, IL to 124 Covington Ct., Oak Brook, IL.

The **PAI** family, Srimanth Sridhar & Manjula, have relocated with Maryland Hts to 2026 Serenidad Lane, #C, Maryland Heights, MO 63043. Their email ID: sridharpai@yahoo.com

**Ashwini Kamath Vaidya,** d/o Dr. Radhakrishna & Nilima Kamath,

Shawnee, OK along with her husband Dr. Atul Vaidya have moved to Tulsa, OK to start their medical practice. Both Ashwini and Atul graduated from Oklahoma Medical College. Ashwini did her Dermatology residency from University of Illinois and Atul did his residency in ENT from Loyola University in Chicago.

The **KAMATH** family, Vasanth Suratkal & Geethanjali have relocated from Novi, MI to 4835 Wye Oak Rd., Blooomfield, MI – 48301. The email ID: vasanthks@hotmail.com

Ms VINDYA BHAT has relocated within Manhattan to 1152 2<sup>nd</sup> Avenue, #4, New York, NY 10021. Her email ID: vindya bhat@yahoo.com

The **BENEGAL** family, Pratap, Shantala and Sanjana, have moved to 12, Bornholm Drive, Scarborough, Ontario, M1C 4P8. Their new phone number is (416)-724-6990.

The **KINI** family, Sujeet, Vanita, Twisha & Yash, have relocated from Mississauga to 160 Creek Path Ave., Oakville, Ontario L6L 6T3. Their new phone number is (905)-469-6391.

The **SHENOY** family, Prashant and Deepa, have relocated from Toronto to 3555 Bala Drive, Mississauga, Ontario, L5M 7N3. Their new phone number is (905) 286-9079.

The **PRABHUS**, Suresh & Vidhya with their daughters Abishta & Ashna have moved from Beatty, NV to 901 Lexington Cross Dr., Las Vegas, NV 89144. Their phone: (702)-243-6161.

#### **Email ID Change:**

**Dr. RAJARAMA SHENOY** of Huntington, CT has changed his email from rajaramshenoy@hotmail.com and rshenoy@worldnet.att.net to rajarama@sbcglobal.net

**Sri. GURPUR DATTANANDA BHAT** of Jamaica, NY has changed his email to <u>dattbhat@netzero.com</u>

#### **Phone Number Change:**

The **PAI** family, Damodar & Shankari, of Dix Hills, NY changed

their phone number to (631)-499-1374.

The **SHENOY** family, Surendra & Seema of Beaufort, SC changed their phone number to (843)-522-9764.

#### **Zip Code Change:**

The zip code for the address of the **SHENOY** family, Surendra & Seema of Beaufort, SC changed to 29907.

#### 25<sup>th</sup> Wedding Anniversary:

Mukund & Surekha Pai of Solon, OH, celebrated their 25<sup>th</sup> Wedding Anniversary on Dec 20<sup>th</sup> 2003. Their sons, Gautam & Satyan, organized the program, which was well attended by over 170 friends including 10 families from out of town. The guests were treated to dances, slide show showing childhood pictures of the couple, which included pictures of a young, and hippie Mukund with outrageous bell bottom pants. The local Udupi Cafe catered the food.

# From Special *Khabbar* Correspondent:

January 17<sup>th</sup> 2004 marked a memorable day in the AMKA calendar. Family & friends gathered to celebrate the Silver Wedding anniversary of Vasant & Kirti Acharva at Hinsdale, IL. The couple's sons, Vikram and Rajesh, had conspired with close family and friends to plan this surprise for their parents. They were very gratified to see how overwhelmed and joyful their parents were at the outpouring of love and respect from all those present. The evening began with meeting and greeting the guests, some of whom had come from as far away as California. Florida. Wisconsin,

Michigan, Louisiana, Connecticut, New York, Missouri and Iowa. The second part of the evening was spent entertaining the couple to a series of plays written & directed by Nandana Bhakta. The couple's sons did a remarkable job of portraying their parents and the four part play took Vasant and Kirti through some fond glimpses of their 25 year union. After this, the audience was entertained to a song sequence by Vivek Pai, Vasant's cousin from California. This was followed by a special song dedication by Shyam Amladi, accompanied by Nandana Bhakta. To conclude the program, a delightful presentation put together by Divakar & Sandhya Kamath was shown. This was certainly a walk down memory lane for the Acharyas and explained the mysterious disappearance of the family albums from their residence! Dinner began with a toast given by Vikram Acharya and an eloquent tribute by Raj Acharya, who described the relationship between his parents as "endless", that brought tears to many an eye in the audience. That set the tone for the evening, with adulation and praise being poured on the couple by young and old who were present. After the cake was cut, both Vasant and Kirti gave a vote of thanks to family, neighbors and friends. Our best wishes will always be with them and God bless them with every happiness in the years to come!

#### **Welcome to North America:**

The **KAMATH** family, Raghuveera & Veena, together with their daughter Divya & son Vignesh, have emigrated from India to U.S.A on May 16<sup>th</sup> 2003. Their new address is 1613, Queen Victoria Street # 104, Las Vegas, NV 89144. The new telephone

is (702)-243-4839 and email ID: krkamathly@hotmail.com

#### **Return to India:**

The **KAMATH** family, Vasudev P. & Sudha of Shrewsbury, MA have returned back to Mumbai, India on January 4<sup>th</sup> 2004.

#### **Obituary:**

BANTWAL NARAYAN BALIGA

(84), passed away peacefully on December 5<sup>th</sup> 2003 in New Delhi. *Khabbar* sends heartfelt condolences to his son Shankar Baliga & family of Irvine, CA.

NAGAR RAMCHANDRA RAO (75) passed away in Mangalore on

January 13<sup>th</sup> 2004. *Khabbar* sends heartfelt condolences to his daughters Shobha Shenoy & family of Houston, TX and Prabha Kamath & family of Austin, TX.

**Mr. V. R. KAMATH** (100) died on Wednesday February 4<sup>th</sup> 2004 in Udupi. *Khabbar* sends heartfelt condolences to his son Dr. Radhakrishna Kamath & family of Shawnee, OK.

Ms. LILLY MAZUMDAR of Waterloo, Ontario passed away after a brief illness in January 2004. The generous and kind-hearted Lilly was an elocution medallist and a tennis champion in her college days. She was youngest to get a B. A. degree. *Khabbar* sends heartfelt condolences to her husband Dr. Venkatrai Mazumdar and three children Bina, Ajit and Ashwin.

### New Engineering College in Bantwal, 35% seats for Konkani linguistic minority

News By Mareena Gonsalves, Barkur as appeared in www.daijidubai.com

The Dakshina Kannada district will have yet another engineering college, taking the total number of such colleges in the district to six. The Canara Engineering College at Benjanpadavu in Bantwal taluk, sponsored by Canara High School Association and affiliated to Visvesvaraya Technological University, was inaugurated by Union Minister for Power, Sri. Suresh Prabhu on Monday, 8th October 2002.

It offers three IT related courses-Electronics & communication, Computer Science & Engineering, and Information Science & Engineering.

The principal Mr. R. S. Shanbagh said, so far the trust had spend Rs. 6 crore and planned to invest another Rs. 13-15 crore. Those who completed pre-university or its equivalent with a minimum of 50% in physics, chemistry and mathematics or diploma holders in engineering with a minimum of 50% in the final examination are eligible. 50% of seats are reserved for those who have passed the

common entrance test (CET), 35% seats for Konkani linguistic minority & 15% for those students who are under the management quota, administrative officer Y. R. Rao said.

# KHABBAR FROM KULAR

By: - Vishwa Konkani Sardar BASTI VAMAN SHENOY

A Meeting of Konkani Educational Institutions was well arranged by **Dr. Kasturi Mohan Pai**, President, Sri Srinivas Patashala Associations at Nalanda Auditorium, Mangalore on 27.09.2003. **Shri K.K.Pai**, Manipal, **Shri Kepul Dinesh Nayak**, Secretary, Canara High School, **Shri Kudpi Jagadish Shenoy**, Besant Girls' Institutions. **Shri Madhusudan D. Kushe**, President, Sarojini Madhusudan D. Kushe Educational Institution, **Shri Basti Vaman Shenoy**, President, Konkani Bhas Ani Samskriti Pratistan, Mangalore were Chief Guests. **Shri Muralidhar Prabhu, Kumta, Shri K. Ravindra Bhat, Karkala**, Heads of nearly 120 Konkani Institutions from North Kanara, Udupi, Dakshina Kannada Districts were represented and it was decided to introduce Konkani language as Medium of Instruction in the Schools from next academic year 2004-2005.

Chief Minister of Goa Hon. **Shri Manohar Parikkar** inaugurated Konkani Sangeeth Ani Natak Academy, Goa on 27. 09.2003 at Panaji.

Dr. T.M.A. Pai Foundation Konkani Books Award-2002 function was held at Manipal on 18.10.2003. **Smt. Jayanthi Nayak** Goa for her '*Konkani Loka Kanyo*', **Shri N.Shivadas Goa** for his '*Maharookh*' and **Dr. Krishnananda Kamath (Posthumously**) for his Konkanyaali Kavi Kala were awarded the Dr. T.M.A. Pai Foundation Konkani Books Award-2002 by **Shri K.K. Pai** who presided over the function.

Rajapur Saraswats hosted ALL India Saraswat Cultural Organisation-Dombivli Convention at Mumbai on 09.11.2003. Shri Sadananda D. Nayak was the Chief Convener.

**Shri Basti Vaman Shenoy** laid Foundation Stone for the Kudumbi Janapada Kala Vedika art School at Yedapadavu, Gurpur, D.K. on 16.11.2003. **Shri Eric Ozario** felicitated **Shri Gopal Gowda** on the occasion

First Death Anniversary Mass was held on the First Death Anniversary of late **Prof. Bennett Pinto** at Mangalore. Bennett's Konkani Bards and Musicians of Kanara was released by **Msgr. Alexander F. D'Souza**, President, Karnataka Konkani Sahitya Akademi and "*Manun Ghe*", an audio cassette of hymns written and composed by Prof. Bennett was released by his mother **Mrs. Alice Pinto**.

"Konkani Abode" World Konkani Centre (Vishwa Konkani Kendra) Brochure of Konkani Bhas Ani Samskriti Pratistan, Mangalore was recently released at Mumbai under the auspices of Konkani Bhasha Mandal(Regd.), Mumbai. Shri Basti Vaman Shenoy, Shri Kudpi Jagadish Shenoy and Shri Venkatesh Baliga attended the function.

All India 71st Kannada Sahitya Sammelan was organised at Moodabidri in a very very big way under the Chief leadership of **Dr. Mohan Alva. Shri M.V.Kamath,** Eminent Journalist of India was honoured.

Shri Suresh Prabhu, M.P., Chairman, Task Force for Interlinking of Rivers, Government of India was honoured with "Vishwa Saraswat Bhooshan" award. Shri K.K.Pai, Manipal presided the function held at Mangalore under the auspices of Vishwa Saraswath Sammelan Anniversary Celebrations Committee. Shri B. Ganapathi Pai, President, G.S.B. Seva Sangha, Shri A.K. Manjunath Shenoy (President), Shri Kudpi Jagadish Shenoy (Treasurer) and Shri Basti Vaman Shenoy (Chief Convenor) were present. A Konkani book on the life of great Hotelier late Shri Kudpi Srinivas Shenoy (Taj Mahal Hotels)was released on the occasion.

Sahasra Kumbhabhisheka was performed at Srimad Anantheshwar Swamy Temple, Manjeshwar on 11.2.2004 by **H.H. Srimad Sudheendra Thirtha Swamiji** of Shri Samsthan Kashi Mutt in a very big way and several thousand people coming from several States participated.

**Vishwa Konkani Sardar Shri Basti Vaman Shenoy** presided over the 24th Adhiveshan of All India Konkani Parishad (Goa) held at Calicut from 13<sup>th</sup> February to 15<sup>th</sup> February 2004. The Conference was inaugurated by **Shri O. Rajagopal**, Hon. Central Minister for Defense and Parliamentary Affairs. He lauded the qualities of Konkani people in the services of nation and their contribution to the Economical, Educational, Banking fields. Renowned Konkani poets, cultural troupes participated. Many scholars presented their papers on Konkani. **Shri Surendra Rao, Shri Santhosh Pai, Dr. Balagopal T.S. Prabhu** of Konkani Bhasha Pratistan were in the forefront in organising the successful Konkani Adhiveshan.

## Bhagavad-Gita as a Stress Management Guide - Cont.

By: K. P. S. Kamath, M. D. Psychiatrist in private practice in Cape Girardeau, Missouri

#### **Chapter Six:**

#### **Role of Possessiveness in Stress**

To make any sense out of Bhagavad Gita's wisdom, one must be like an expert gemologist who sorts through 700 pieces of different stones lumped together in a jewelry box, separates them into rubies, diamonds, emeralds, sapphires, topaz, jade, marble, granite and the like, and uses some of them selectively and creatively to make appropriate jewelry.

In the previous chapters we read how Selfish Desire (kama) arising out of Rajas GuNa (G:3: 37) is at the root of most of our stress in life. Selfish Desire invariably leads to Possessiveness. Whereas Selfish Desire means hankering to have Sense Objects (people, money, title, material things, etc.), Possessiveness means hanging on to them, or being unable to let go of them. Possessiveness is an addiction. It often leads to Greed in which the more one has the more he wants ( *Khellelek asha chadi, nahllelek chikkol chadu*). Greed invariably leads to loss of judgment, and finally to Fraud in which one tries to get the desired objects by hook or by crook. In my practice as a psychiatrist, there is no other single issue that comes even close as Possessiveness in creating stress in the lives of my clients. Gita makes this abundantly clear throughout the book.

Possessiveness creates in our mind a cascade of stressful emotions: insecurity, envy, jealousy, anger, greed, hate, rage, etc., all very toxic emotions that bring on changes in our brain chemicals leading to stress symptoms. To calm ourselves down, we become control-freaks, just as we tend to hold a purse tighter when someone tries to snatch it from us. When we try to control others, conflict follows. Peace of mind and tranquility are destroyed.

Let us examine a few real life scenarios: A middle aged Indian woman is very possessive of her son, aged 35, older of her two children. When he got married to a girl from another religion, she became very distraught. She had hoped he would marry a girl of her choice (so she could control her too!). To counter his mother's possessiveness, the son moved as far away as possible from her. Unable to let go of him and deal with her grief over losing him, she calls him often, sends him T-shirts, shorts and other stuff she buys on sale. Her son tells her, "Mom, don't waste money on these things. I don't wear them. I will buy over here what I want. I don't wear anything my wife does not approve of." This incenses the mother to no end. She often asks him to visit her. He says, "Mom, my wife has no vacation time left." She says, "You come alone!" When he declines her offer, she becomes sad, hurt, disappointed and angry. She is perpetually stressed-out. This woman's possessiveness has blinded her to the fact that her son has a life of his own now and she better LET GO OF HIM! When it comes to our children, we can do only FOUR GOOD THINGS for them: GOOD FOOD for their Body; GOOD EDUCATION for their Mind; GOOD VALUES for their Soul, and GOODBYE for their Happiness! You have heard the well-worn cliché, "If you really love someone, you must let them go."

Indian women (bless their hearts!), and quite often men as well, are especially possessive and controlling of their children. Their need to possess their children, especially their sons, has a darker side which is very difficult for many Indians to admit: Widespread practice of emotional and physical torture of daughters-in-law. This possessiveness takes many different forms: preventing the daughter-in-law from talking with or sleeping with the son; intruding into the bed room when the couple are together; demanding to be taken with them when they are on honeymoon, or vacation; pitting one against the other, etc. Aside from suffering emotional torture silently, many daughters-in-law die from starvation, burning, beatings or suicide. As a rule, the gutless sons, unable or unwilling to stop their possessive, control-freak mothers on account of their misguided sense of loyalty to them ("matthra devo bhava!") fail to distinguish Dharma from Adharma, right action from wrong action (Gita: 18: 31), and quietly become party to this inhumanity against their wives whom they had sworn to protect, the fire God Agni as their witness. To me personally, the most disgusting part of being an Indian is the spinelessness displayed by grown up Indian "boys" with their parents in the face of overwhelming and obvious injustice perpetrated by their parents.

You see possessiveness even among relatives. You are invited for dinner by a relative during your visit to India. You plead, "Mayye, ammi hangaa meLLhe nahve? JevaN, khaN nakka." (We have already met here, you know. No need for dinner.) She insists, "Na, na! Thein kasshi jattha? Aparoopana thoonveh gavanka yevche. Yenaa muhLLeri kassane?" (How can that be? You have come after a long time. You must come for dinner.) You stick to your guns. She is disappointed, hurt, and angry. After she goes home she is full of venom against you, "Tho ek hoad jana she kartha! America vocchunu thakka doni shinga ailanshi distha! Hattha duDDu yetthari chellel murjee vingad jalle!". (He acts like a big shot just because he went to America. He acts differently now that he has money.) She did not have enough sense to say, "Jaaithrey puttha. Thoonve aileri bhari khushi jattha asshilen. Thoonve anek pati yetthana udgas dovornu jevNa yevka! KaLven?" (O. K. son. I would have been very happy if you came for dinner. Maybe next time.) That would have been the end of the matter. No. The whole thing has to be a big production.

Between friends, here is a scenario: Mr. A. invites his close friend Mr. B. to a party. Mr. B. says he is unable to attend the party, thanks anyway. A possessive Mr. A. can not drop the matter right there. He asks Mr. B., "Why not? You have other engagements?" Mr. B. politely says, "Yes. I have a prior commitment." Mr. A., who is overly possessive of Mr. B.'s friendship is now threatened. He asks curiously, "What kind of commitment?" Mr. B. demurs, "Well,..... I don't know. I would rather not go into it now. I have got to go. Talk to you later." Mr. A. is hurt. He starts making inquiries about Mr. B.'s prior commitment. He finds out that Mr. B. would be at a party at Mr. C.'s house on the same day as Mr. A.'s party. Mr. A. is now very upset. He feels betrayed, hurt, angry, outraged .....and stressed-out. A whole cascade of emotions follows. Mr. A. spends sleepless nights stewing over this silly episode. A simple non-possessive attitude could have prevented this bad scenario: "If you can come we would be happy. If you can not come, we will miss you, but we understand. Maybe we will have you with us some other time. Have a good time!" End of the matter.

Possessiveness for money and property is often seen amongst siblings leading to serious rift between them. Usually this happens after the death of parents when inherited wealth is to be distributed among the children. Mr. X. is very rich. His brother Mr. Y. is quite poor. Mrs. Z., the sister, is married to a wealthy Bandra (port) merchant. There ensues an inheritance struggle. Mr. X., choosing his words carefully says, "It is only fair we get equal share of our heritage!" Mrs. Z. says, "Mother always told me I could have all her jewelry and saris (bhangra nauga, vajra kutika, Kanjeevaram kaapdan, ruppe poLeru and nanka bottu)." Mr. Y says, "If I sell this house, I have no place to live. I can not afford to buy a house of my own from my share of inheritance." (Heyn Ghar vickleri hanva rashteri padtha!) This simple reality does not move his greedy siblings. Their possessiveness has lifted its ugly head like a fully spread hood of an angry cobra. It has blinded their compassion, clouded their generosity and dried up their charity. Selfish Desire and Possessiveness have occupied their Intellect (zone # 2) and clouded their Dharmajnana (Gita: 3: 40).

Mr. X. could have said to his brother, "God has given me plenty. You have served our parents well. Keep all this for yourself. However, don't forget to invite us for their anniversary ceremony." (Vaire, makka devaana jai jallal thithlen dilla re. Yehn poora thukka asso. Thoonve musth varsa thangel seva kella. Aan-ammale varsanthikeka matthra appochaka vissornuka!) Mrs. Z. could have said, "I have plenty of gold from my husband's family. You have served our parents well. Keep these for yourself. I won't take any of these with me when I die." (Vaire, makka miggele bammNa thain thakkunu kussche thithle bhangara ailan. Aaanammana morche phude thangele seve thunve kella naven? Yehn poora thoonchi dovornu ghe. Vatthana kain vuhrtha ve ammi?) What do they do instead? Lawsuits to evict the brother; ladayi, maramari, dombi, galato, gowji, peskathi, koithi, pettu..... The more they have, the more they want. It is unthinkable for them to walk away from it all with a charitable attitude. I know numerous filthy rich families in India and U. S. where this ugly drama is played off daily. Where is these people's Dharma Jnana (Gita: 3: 38, 39, 40)? Or their Charity or sense of Justice? Raising my both arms skywards I declare in full throat: "Possessiveness! Your victory over people's Intellect is C-O-M-P-L-E-T-E! Your power over people's Mind is I-N-F-I-N-I-T-E! Your control over their Senses is U-N-S-U-R-P-A-S-S-E-D! I take off my Gandhi toppi!"

I can give you thousands of real life stories like these, but I know you all get the idea what we are talking about. The whole of Bhagavad Gita is nothing but a guide for us to learn how to deal with this single most important issue which is at the root of all our misery and stress. What, then, is the solution according to Gita?

Gita's answer is simple: Renounce and enjoy life. Cultivate desireless, non-possessive attitude in our thoughts, words and actions ( *manasaa*, *waacha*, *karya*) through the discipline of Yoga. This is not the kind of Yoga the American public have in mind, the Yoga in which one twists his body into a *kodbaLe*, *chakkuli or jelaebi*. This is not the fluffy Yoga we read about in Ladies' Home Journal and Red Book: *Hatayoga*, *Yogasanas* and the like.

The type of Yoga Lord Krishna recommends in Bhagavad Gita is a whole different ball game. It is a discipline that teaches its regular practitioner how to detach himself from the fruits (karma, consequences) of his actions via a doctrine of *Nishkama Karma*, Gita: 2: 47; how to resist Selfish Desire (" like an unperturbed ocean in the face of a river entering it." Gita: 2: 70 ); how to withdraw his Senses from Sense Objects ("as the turtle withdraws his limbs within the shell." Gita: 2: 58); how to steady his Mind ("like a flame in the windless place." Gita: 6: 19) against the duality of pleasure and pain ("they appear and disappear like winter and summer seasons; learn to tolerate them." Gita: 2: 14); how to tap into the wisdom of his Intellect. Gita: 6: 25, 26; and how to attain the absolute tranquility of Self (*Atman*) Gita: 2: 55-61.

In addition, Gita's Yoga exhorts one to become more aware of the detrimental role of various toxic emotions and impulses in our mind such as Selfish Desire (*Kama*), Anger (*Krodha*), False Pride (Mada), Possessiveness (*Moha*), Greed (*Lobha*) and Jealousy (*Matsarya*), Gita: 3: 38 - 43; and to develop skills to control these before they destroy our peace of mind and ruin our lives (Gita: 16: 17 - 22). Gita's yoga urges the reader to practice Sacrifice to counter Possessiveness; Austerity to cancel-out False Pride; Penance to neutralize Sinful Actions, and Charity to negate Greed (Gita: 17: 11-28). Controlling one's Demonic tendencies would lead him to Divinity ( *tamaso ma jyothirgamaya*). The ultimate goal of Gita's Yoga is to motivate us to become a *Stithaprajnya*, a person of Steady Awareness or Concentration or Wisdom (Gita: 2: 52-55); a person who is immune to life's duality of ups and downs, happiness and sadness, success and failure, vicotory or defeat; a person who has attained absolute tranquility of Mind; a person whose Mind (zone # 3) and Intellect (zone # 2) have merged with his Self (Atman) (zone # 1) through a life-long process of "Self-realization." Gita: 18: 51-55. We will study this process in greater detail in our next chapter.

# Want to have more control over the stock market? Give Technical Analysis a try Part II (Short Selling) By Rajeev Navak, equity trader

In the last article that I wrote (in December), I discussed how beneficial technical analysis, the study of a stock's past price movements (over a period of time) used to forecast future short term price movements of the same security, can be to one's every day investing. I further demonstrated that by utilizing chart trends and moving averages, one is able to better predict the direction of the intended price movement in a stock. In this article I wish to expand on a tool that can benefit every investor/trader. It is called **short selling**.

Short selling is the act of borrowing shares in a stock to sell at a higher price, while hoping to buy the shares back at a lower price, thereby making a profit. Essentially you are doing the opposite of purchasing a stock position. Here, you are basically betting that the price of stock will go down, and you make gains from a declining stock value. Though this concept may appear a little strange at first (since most investors are used to only making money when the market or stock goes up), it is one of the most effective tools one can use especially in a declining stock market. In fact, while many investors were losing money in the stock market declines of 2000, 2001 and 2002, many "short sellers" were making sizable gains using this strategy.

The chart below shows an example of the short selling strategy using technical analysis.



As you will recall from the previous article, each of the small bars represents the price range for a particular day, while the bars at the bottom of the chart represent the volume (# of shares traded). As you can see from the chart of Sandisk Corporation, the stock rose sharply from April 2003 until November of 2003. However, between November 2003 and February 2004 it had made a sharp drop of more than 35% of its highest value. Note how the stock price had crossed the trend line, formed by connecting the lows of point A and B on the chart, with strong volume. This area also corresponds to the 50 day moving average (basically a price support level). By short selling the stock right below 75.65 (shown in C), you could take part in a sizable amount of the profit. And by placing a stop loss order (know as a buy to cover order) directly above the breakout level, you would protect yourself from incurring a significant loss in the event that the stock unexpectedly rose.

This is just one example of how to combine technical analysis and short selling to make a profit. Just how buying can be effective during market advances, short selling can be the most effective tool during market declines.

For more information feel free to email at <a href="mayakrj@yahoo.com">nayakrj@yahoo.com</a> Rajeev Nayak resides in Indiana, PA



#### Written by: Radha Golikeri, Houston, TX, USA

When my eldest granddaughter Rima was in the third grade, she won a small goldfish at the school fair. She brought it home in a plastic pouch and transferred it to a jar. She pleaded her parents for another fish to give company to her prized possession. Her wish was readily granted.

The three grandchildren determined the gender of the pair by their physical size. The slightly bigger one was named Peter and the smaller one Kelly. The three siblings performed the christening ceremony jointly.

Everyone in the house enjoyed watching the tiny fish swim playfully. Rima wanted them to grow as speedily as possible. Every time she passed by the jar, she dropped more food particles in, and eventually the amount was too much for them to digest. After a few days, she noticed the fish floating listlessly at the top of the jar. She was smart enough to know their fate. Greatly devastated, she wept inconsolably. In her extreme sorrow she blamed everyone for not taking proper care of her pets.

The youngest, five-year-old Rita, sadly exchanged glances between the jar and her sister. She picked up a note pad and occupied herself in scribbling something. She wrote several notes and because she was not satisfied with the messages, tore and threw them in the waste paper basket. After some time, the receptacle was almost full. She was deeply engrossed in her writing and had a concerned look in her eyes. This aroused my curiosity. Though ethics demand that one should not read while others write, I peeped over her shoulders from behind. It was a very touching message that went as follows:

"Dear fish,

I am sorry you are dead. Please get well soon.

Love.

Rita "

When I read it, my eyes were full of tears. She knew "Get Well Soon wishes" were conveyed to people who were ill, but she was too innocent to understand the meaning of death.

In the evening my seven-year-old grandson Rohit rushed home from the playground. I told him the sad episode and gave him the note written by his younger sister. Like most boys of his age, he was not much affected. He read it and said, "Rita, the fish are dead. They are gone." With that, he returned the note to me and dashed upstairs for a shower.

The sisters decided to give a grand funeral to the departed souls. A cozy corner was chosen in the back yard and they were buried solemnly.

Our inquisitive dog, Muffin, waited with bated breath till the ritual was over. When everyone entered the home, he surreptitiously sneaked out to exhume the area. This was stopped immediately. A heavy earthen flowerpot was placed over the burial ground as a security measure, giving the spot a decorative look as well.

# Rich Aunt, Poor Aunt

By: Sangeeta Shanbhag Revankar, sangeeshan@yahoo.co.in

The title of this series 'Dalithoi for the Konkani soul', inspired me to borrow another best selling title for my story and call it 'Rich Aunt, Poor Aunt. (With due apologies to the author of 'Rich Dad, Poor Dad').

They say, childhood memories remain with you, forever. They remain hidden in the recesses of your mind and suddenly resurface when you least expect it. This childhood memory is very vivid in my mind, although it happened many years back, when I was a child of ten.

It was vacation time and we had two options. We could visit my mother's younger sister 's (Rich Aunt)house in Bangalore or her older sister's (Poor Aunt's) house in Shimoga.

Now, my Rich Aunt lived in a palatial bungalow. We were working class people and although we had what we needed, we weren't as rich as my aunt who had a big house, a car and a beautiful garden. They had servants too...a full time cook, maidservant, driver etc. My cousin sisters were quite naturally, the envy of the rest of us. My grandparents were always full of praise for their slightest achievements. As kids, we could never understand why the same appreciation never came to us, although we excelled in every field, that too, entirely on our own and without the same resources, as them. We were too young to understand the power of money, then.

A little about my Poor Aunt, here. My Poor Aunt lived in a hamlet-like house in a small village of Shimoga. She stitched clothes for the neighborhood women, to make a living. Her place was also an attraction for us city slickers, as staying there, meant a chance to stay in a village set up, complete with the 'bhans' (indigenous heating systems!) and the cowshed (kodke). But we still decided in favor of my Rich Aunt. We thought we would have the time of our lives, living in a big house, going around in a car and playing in our own private garden!

Khabbar XXVII-1; #13

When we reached their house, I was all excited. But within a week of my stay there, I was hoping, we could leave. The beautiful house was so cold to my siblings and me. A few instances made us feel unwelcome and with that, all the initial attractions ...the house, car etc. meant nothing to me. When I accidentally broke a button on their tape recorder (which I was most fascinated by), my aunt tartly told me that "This was not the way to behave in other people's houses". Later, my uncle took us to Windsor Manor, the finest restaurant in Bangalore, and a trip to Mysore too. But it was done more with the attitude of "I can do this for you" and you cannot do this for yourself. I was just a child but I understood. I was waiting for the weeks to fly by and was really glad to come back home!

The next vacation, we went to my Poor Aunt's place, in Shimoga. She was so happy to see us. Even as we approached her house, she took me in her arms. My uncle (who owned a small shop (angadi), located right next to their house, was meeting me for the very first time. I still remember how thrilled I was when he opened the lid of one of the many candy bottles in his shop and handed me a Five Star, a Cadbury's (as we called any cocoa based candy, then), a BIG treat in those days. As kids we were always hungry even between mealtimes, so my aunt had made special arrangements, for us. In one corner of her house, she had kept a big tin box (dabbo) filled with seasoned puffed rice (phan galel chanburo) "Don't feel shy, dig in whenever you feel like it", she had told us. For an outing, she took us to a farm nearby. It was the most wonderful experience for me to wade through a stream and to see grapes growing on wines. Before we left, she gave us farewell gifts, small cloth purses that she had stitched from leftover pieces of cloth that she had made. She had packed food for us, for our journey back home, by train. Waving good bye from the train window, I remember that we were all very sad that our happy holidays at Shimoga, had come to an end.

I remember thinking about both these experiences during my growing up days. My Rich Aunt had everything but she had nothing really, in her heart to give us. My Poor Aunt had nothing much in material terms but she had so much to give. She was the one really Rich. I learnt that 'Rich and Poor' were just terms we used to describe material wealth, but it really did not matter and it was definitely not a way to measure people or base relationships upon. As ultimately, it is not what people have, that is important, it's how big their heart is.

I am thankful to both my aunts as this childhood incident taught me my most valuable lesson in life. Being Rich means what you are and not what you have.

Today I am here in America, a country that worships wealth. Nothing wrong with that. But I know I make my choice of friends and relatives very wisely based, on my childhood lesson of Rich Aunt, Poor Aunt.

# KONKANI CALENDER

April 2004	May 2004	June 2004	
1 <sup>st</sup> Yekadashi	1 <sup>st</sup> Shri Satyanarayan Puja (KAO)	2 <sup>nd</sup> Poornami	
3rd Yugadi (KAO)	3rd Shri Narasimha Jayanthi	5 <sup>th</sup> Sankashta Chaturthi	
4 <sup>th</sup> Poornami	4 <sup>th</sup> Vaishakhi Poornami	5 <sup>th</sup> Konkani Sabha Picnic	
7 <sup>th</sup> Sankashta Chaturthi	7 <sup>th</sup> Sankashta Chaturthi	14 <sup>th</sup> Mithun-Sankranthi	
9 <sup>th</sup> to 11 <sup>th</sup> KISS Picnic	13 <sup>th</sup> Vrisbh-Sankranthi	17 <sup>th</sup> Amavasya (Dark moon)	
13 <sup>th</sup> Mesh-Sankranthi	18 <sup>th</sup> Amavasya (Dark moon)	30 <sup>th</sup> Yekadashi	
19 <sup>th</sup> Amavasya (Dark moon)	28 <sup>th</sup> KAO-15th Anniv. Celebrations		
22 <sup>nd</sup> Akshaya Thritiye	30 <sup>th</sup> Yekadashi		
30 <sup>th</sup> Yekadashi			
WILL A LOOP VIN A CM I STISCO STEAD I TWALL STATEMENT OF CO.			

Khabbar thanks Sri P. V. Kamath of Mumbai, India for furnishing the Panchang and My Astrologer-version 1.0 by Mr. Muralidhar Shenoy of Durham, NC

# My Sincere Thanks to .......

Some readers go out of their way to help Khabbar. Monetary means is one of them. The Advisory Committee of Khabbar has decided on publishing the names of the families that has contributed \$50.00 or more to Khabbar. This quarter, the following have extended their help and thanks to you .....

Names	Amount, \$
Ashwin & Kasturi Bhatt, Houston, TX	50.00
Vittal & Maya Shenoy, Charlotte, NC	50.00
Ravindranath & Sharda Shenoy, Montville, NJ	50.00
Ganesh & Savithri Bhandarkar, North Brunswick, NJ	75.00
Ramesh & Roopa Nayak, Indiana, PA	100.00
Mohan & Mohini Kamath, Cerritos, CA	50.00
Kiran & Radhika Kumar, Canonburg, PA	105.00
Shanthi Pai, Sun City West, AZ	100.00

Shrikar & Nirmala Bangalore, Elmhurst, IL	50.00
Ramesh & Pratibha Kamath, Redwood City, CA	50.00
Sundar & Shobha Kamath, San Jose, CA	60.00
Sudhaker & Mithra Nayak, La Mirada, CA	60.00
Krishna & Padmini Nayak, Grosse Pointe Farms, MI	65.00
Nagesh & Nanda Naik, Randolph, NJ	60.00
Raghuveer & Anita Nayak, Oak Brook, IL	75.00
Muralidhar & Sudha Shenoy, Durham, NC	50.00
Pundalik & Roopalatha Shenoy, Bethleham, PA	50.00

### STATEMENT OF ACCOUNTS

Description	Credit, \$	Debit, \$
Balance Carried over since Khabbar Vol. XXVI No. 4	2,445.00	
Money Received:		
Subscriptions (111) and donations	2,950.00	
Advertisements (5)	145.00	
Interest 5.00		
Sub Total:	3,100.00	
Money Spent (Khabbar Vol. XXVI No. 4):		
Printing- Khabbar (850) - 20 pages		765.00
Printing- 2004 Khabbar Mailing List (370) – 24 pages		462.50
First Class Mail-Khabbar (765)		459.00
Canada Khabbar (26)		22.10
First Class Mail – 2004 Khabbar Mailing List (270)		224.10
First Class Mail – 2004 Khabbar Mailing List- Canada (8)		8.80
Overseas (20)		60.00
Mail Fines, computer paper & labels, envelopes, service fees, etc		398.50
Sub Total:		2,400.00
Final Balance:	3,145.00	

Money spent on this issue was not available during press time.



The last quarter's quiz: How many English words can you name that has at least 23 alphabets?

Answer: TRANSUBSTANTIATIONALIST

(person who can transform one substance into another).

**Nobody gave the correct solution !!!!** 



By

"Vasanthmaam"

Continuing with the Konkani tradition of quizzing, here's the brainteaser for this quarter. If you can solve this correctly, send it to Khabbar address to have your name published in the next issue.

#### WORLD'S EASIEST QUIZ

(Passing requires 4 correct answers!)

- 1) How long did the Hundred Years War last?
- 2) Which country makes Panama hats?
- 3) From which animal do we get cat gut?
- 4) In which month do Russians celebrate the October Revolution?
- 5) What is a camel's hair brush made of?
- 6) The Canary Islands in the Pacific are named after what animal?
- 7) What was King George VI's first name?
- 8) What color is a purple finch?
- 9) Where are Chinese gooseberries from?
- 10) What is the color of the black box in a commercial airplane?

## KONKANI SAMMELAN 2004 – UPDATE

Contributed by the Executive Committee, SammeLAn-2004.

We are happy to share with you that the preparations for the **Konkani SammeLAn 2004** are on track. Some of the 16 committees have already completed their tasks. Congratulations and a big 'Thank You' to them. The other committees, by the very nature of their assignments, have to be ongoing until the Sammelan date July 2. They are on track, and we are confident they will do a superb job and be ready for July 2.

We have an impressive list of speakers and artists. Just to name a few, our keynote speaker is **Dr. Ramesh Gangolli**, Professor of Mathematics at the University of Washington in Seattle. Our invited guest is **Mr. Bhishma K. Agnihotri**, Ambassador at Large for NRIs/PIOs. He is currently Chancellor of Southern University Law Center in Louisiana. Our featured artists include, **Shankar Shanbhogue, Padmini Rao and our own Web Master Prasad Upasani and his sister Deepti Upasani-Kaval** - all Hindustani classical musicians. This is on top of an array of dramas, dances and skits that will be interspersed in our attractive programs throughout the 2 ½ days of the Sammelan. So, come join us! We look forward to welcome you!

The deadline for nomination for **Recognition Committee is March 31**. Please send your nomination for Outstanding Achievements Awards by email to <a href="mailto:vgbhat@pol.net">vgbhat@pol.net</a>.

As we have to take care of the 1500 plus anticipated families attending the Sammelan, we need as many volunteers as we can get. Your assistance in volunteering in any way will be greatly appreciated. You may write the names of the volunteers on the back of the Registration Form or send an email to <a href="mailto:vgbhat@pol.net">vgbhat@pol.net</a>.

REGISTRATION FOR THE SAMMELAN AND THE HOTEL IS FILLING UP FAST! DO NOT DELAY! AVOID DISAPPOINTMENT BY REGISTERING NOW!

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Dear Vasanthmam,

I was wondering if you could put a small writeup on the music and dance competition we are holding for youth at the convention. I have written a description at the bottom of this email. If you could include it, that would be great! Thanks!

Malavika mgangolly@yahoo.com

#### 'KONKANI IDOL' YOUTH MUSIC AND DANCE COMPETITION

Do your friends and family often describe you as a 'lean, mean, dancing machine'? Do people often tell you that you should have tried out for 'American Idol'? Well.. now is your chance to show off your talent! The 2004 'KONKANI IDOL' Music and Dance Competition will take place on Saturday, July 3<sup>rd</sup> on the MAIN STAGE during the SammeLAn.

Dance entries: 3-5 min. GROUP ACTS ONLY

Music/Vocal entries: 3-5 min. INDIVIDUAL & GROUP ACTS

Categories may include but are NOT limited to the following: Bhangra, Garba/Raas, Hindi Film Dance, Classical, Fusion, Vocal Music, Hip Hop, and any Vocal/Band Acts

\*\*\* DEADLINE TO SUBMIT AN ENTRY/VHS TAPE OF YOUR ACT: APRIL 15th 2004 (HURRY up and submit your entries!!)

DETAILS about the competition can be found at: <a href="www.konkani2004.com">www.konkani2004.com</a> OR <a href="www.konkaniyouth.com">www.konkaniyouth.com</a> <a href="www.konkaniyouth.com">www.konkaniyouth.com</a> <a href="www.konkaniyouth.com">www.konkaniyouth.com</a> <a h

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#### KONKANI SAMMELAN ESSAY COMPETITION:

The Souvenir Committee for the 5th North American Konkani Convention (aka SammeLAn) is inviting participants to submit original essays. The topic is What Does Konkani Heritage Means To Me. The essay should not exceed 500 words. Participants should belong to a North American (U.S or Canada) Konkani family. Please submit the essay in Microsoft Word 97 or 2000, by e-mail (as a attached file) or by floppy diskette or CD-R disk. Deadline for submitting essays is April 15<sup>th</sup> 2004. Send entries to Vivek Ullal, Editor, Souvenir for the SammeLAn. E-mail is: vivekullal@sbcglobal.net. The mailing address is: 5604 Indian Hills Drive, Simi Valley, CA 93063. Winning essays and a few best ones of those received for each age category, will be published in the souvenir. The SammeLAn Committee will present prizes to the winning essays in each age category. The Age categories will be:1) Below 11

years. 2) 11 -14 years 3) 14 years and above. Judges will judge according to criteria set by the Editorial committee. Judges will not know the names of the authors to ensure impartiality.

#### An Invitation for Konkanis In Southern States (KISS) Picnic

#### Theme: "Sweet Sixteen"

You are invited with your family and friends to attend this year's KISS picnic organized collectively by Austin, Dallas, Houston & San Antonio, TX.

Location: Cleburne State Park 5800 Park Road 21, Cleburne, TX

When: Friday, April 9, 5:00pm - Sunday, April 11, 12:00pm; Phone: 817-645-4215

Price: Students- \$15
Adults- \$35
Senior Citizens (65+)- \$15

Children less than 6- FREE Children 6 through 18- \$15

The park admission fee is not included in the KISS charge. Each family has to pay that directly to the park when they enter.

Deadline to receive checks 3/26/04 - mail to Ganesh Prabhu; Cancellation deadline: 5PM CST on 3/28/04

#### **Accommodations:**

On site- Charges are included in the price. There are 2 heated barracks with 24 beds each (12 bunk beds). Beds have mattress. Availability is on a First-Come-First-Served basis for On site accommodation. Camping is also available.

Motels- Motels are about 14 miles from the park. Mention "KISS" Picnic.

Primary: Deluxe inn - 101 N.Ridgeway Dr., Cleburne, TX 76031

Contact- 817-645-8836 (Mention rates provided by Nick Patel) \$45 per night plus tax per day for any room.

Secondary: Best Western - 1707 W. Henderson St., Cleburne, TX 76031

Contact- Andy Patel- 817-556-3330.

#### **Area Coordinators:**

#### Austin/San Antonio

Sadu Bajekal (<a href="mailto:sbajekal@us.ibm.com">sbajekal@us.ibm.com</a> ) & Dinkar Rao (<a href="mailto:cdrao@sbcglobal.net">cdrao@sbcglobal.net</a> )

#### Dallas

Gaurang Kalyanpur (<a href="mailto:gaurang-archana@comcast.net">gaurang-archana@comcast.net</a> ) & Uday Khambadkone (<a href="mailto:udoo\_piyu@hotmail.com">udoo\_piyu@hotmail.com</a> )

Entertainment: Prakash Kagal (kagalp@yahoo.com) & Treasurer: Ganesh Prabhu (gprabhutx@yahoo.com)

#### Houston

Sudhir Golikeri (<a href="mailto:sgolikeri@houston.rr.com">sgolikeri@houston.rr.com</a>) & and Suresh Shenoy (<a href="mailto:ShenoySuresh@hotmail.com">ShenoySuresh@hotmail.com</a>)

#### **Local Attractions:**

There are 2 attractions (Fossil Rim Wildlife Center; & Dinosaur Valley) near the state park that could be an outing on Sunday (April 11th) before you return home. For more info visit Cleburne State Park website <a href="http://www.tpwd.state.tx.us/park/cleburne/">http://www.tpwd.state.tx.us/park/cleburne/</a>

#### Payment:

Please make checks payable to Ganesh Prabhu and mail it to:

Ganesh Prabhu, 9614 Prestmont Place, Frisco, TX 75035. Phone: 972-335-7890

#### 2004 Konkani Sabha Activities

Following are the highlights of the KONKANI SABHA activities for the year 2004

#### Picnic: Rain or Shine; Date: Saturday, June 5th, 2004; Time: 10 AM to sunset

Location: Mercer County Park East, New Jersey

Cost: Free for all Konkanis and their friends and family

Activities: Volleyball, Cricket, Badminton, Bingo, childrens' activities and a Grand Raffle

Note: Please bring food items enough for 2 families

For details including directions, visit our website at www.KonkaniSabha.org)

Advance registration and payment for the Diwali function will be accepted on this day.

So Come On, Don't miss out on the fun

#### Diwali: Saturday, November 6th, 2004; Time: Registration counters open at 3 PM sharp

Ras Gharba and entertainment events start at 3 PM sharp.

**Note:** We have strict time constraints with the hall, and need to vacate by 8 PM.

We will be starting the events at 3 PM sharp to meet this time constraint.

Location: Shri Venkateshwara Temple Community Center, 780 Old Farm Road, Bridgewater, NJ 08807; Tel: (908) 725-4477

Cost: Registration and Payment by October 5th - \$13 (12 years and older) and \$6 (ages 6 to 12)

Registration after Oct 5th and at the door - \$15 (12 years and older) and \$8 (ages 6 to 12) Please contact Vasanthi Baliga, Treasurer, for advance registration and payment details.

Advance Registration and payments will also be accepted at the picnic

Activities: Ras Gharba, Variety Entertainment, Dinner

Picnic and Diwali flyers will be emailed to all members of the Konkani community in the NJ, NY, PA,CT and DE areas whose contact information is on record with the Konkani Sabha. The flyers <u>WILL NOT</u> be mailed by post anymore. Anyone interested in receiving the Konkani Sabha flyers, please contact the office bearers, or, email your contact information including email addresses to Konkani Sabha@hotmail.com

Visit our website at <u>WWW.KonkaniSabha.org</u> for further details and updates on our activities. Anyone interested volunteering to organize the events and activities, and/or in performing at the Diwali function please contact the office bearers.

Rajesh Mallya, President mallyas@hotmail.com (908) 790-9274
Ganapathi Kamath, Vice President gkamathcpa@yahoo.com (732) 422-0175
Jyothi Shenoy, Secretary jyoprem@aol.com (732) 819-9041
Vasanthi Baliga, Treasurer sursunus@yahoo.com (732) 605-1786

### A General Appeal By an Indian Konkani to an American Konkani

Dr. (Miss) P. Gowri Pai M. D. (Obstetrics & Gynecology), A product of K. M. C., Manipal & Mangalore, Settled in her home town, Puttur, Rendered her medical services to the public, for more than 30 years, as a consultant, through her own Nursing Home of 30 beds, "Girija Clinic". She is closely associated with Sri. Ramakrishna Seva Samaj, which runs an Orphanage. Quit from her own Nursing Home to start the Old Age Homes, her dream Projects. She has put her all efforts into it (Thanu Mana Dhana). Among her dream projects, a 10 bed home for the Hospice Treatment of Terminally III Cancer Patients is yet to come up. We all wish her success in the noble Charity work towards our society and join hands with her."

There is a lot of difference in the way of living of the elderly people in India and Western Countries. The senior citizens in India are always dependant or like to be dependant on their children, either financially or emotionally, where as the senior citizens of western countries like or prefer to stay independently with social security and that is how they live also.

In India, the senior citizens expect their children to take care of them in their old age. This is true and expected in the Indian way or Indian style of living. In olden days, the children used to adore their parents and look after them with love, regards and reverence. In our *Upanishads*, one can come across the sacred chanting, "*Matra Devo bhava Pitra Devo bhava, Acharya Devo bhava, Athithi Devo bhava*". Such was our great-unrivalled culture.

But, nowadays, in India, this sort of bondage between parents and children has not remained strong, of course with a few exceptions. Due to the influence of external forces on the way of living and thinking, due to the increasing number of the nuclear families coming into existence, due to the worsening of the internal family politics, and due to poverty mainly, loosening of the family ties has become inevitable in our modern society. And the old people, who come from the low and moderate socio-economic classes of our society, face the brunt of the situation. Whether the senior citizens like it or not, whether they are rich or poor, they are compelled to seek the shelter in any old age homes for the social security. There are so many childless old couples, widows, widowers, and unmarried, helpless old people who genuinely need the shelter in the eves of their lives.

Keeping all these in mind, in the year 1998 our Anandashram Seva Trust R Darbe P.O. Puttur 574202 started the old age homes for the needy poor people (*Jeevan Sandhya*) as well as for the financially sound

people(*Vanaprastha*) who can pay and stay. In both homes, senior citizens are looked after with equal love, respect and positive security. At present we have got 26 residents (6 paying and 20 nonpaying poor community people). We are happy and proud to say that they are living like a Hindu Joint Family, contentedly and happily.

Since it is not so easy to run any charitable institution without strong financial back up, I, on behalf of the Anandashram, request all the Konkanis in America to donate their mite to the noble cause of the poor elderly and help us to run these homes. Since it is difficult to approach every body individually, I thought of approaching all of North American Konkanis through our own "Khabbar".

You can help us also by becoming-

- 1. Life Members (who donate \$250/- or more)
- 2. Poshakas (who donate \$625/- or more)
- 3. Maha Poshakas (who donate \$1,250/-or more)
- 4. Sponsors:
  - (a) Yearly sponsors (who donate\$300/- per year)
  - (b) Permanent sponsors (who donate \$2,500/- or more)
- 5. Sponsors to single Rooms (who donate \$2,500/-) Their names will be given to those room s.
- 6. Rakshaks Bearing one full day's expenses every year, by donating \$400- once only.
- 7. Single lunch and dinner on a particular day (Donating \$100/-)

Donations may be sent to 'Anandashram Seva Trust R Puttur, by Cheque / D.D. Our Trust has already been registered under FCRA 1976.

I shall be highly obliged to you, each and everyone, if you could help us to your mite. I am requesting you all to give a visit to our Ashram, when you visit next India. It is my humble request.

P. Gowri.Pai. Phone: 91-08251-620799 (R)

-624209 (0)

FAX: 91-08251-629219

Web site: www.oldagehome-india.org

#### Dr.P.Gowri.Pai. M.D

Anandashram Seva Trust R Darbe P.O 574202

# Klassified

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	Matrimonial	1/4	1/2 Page	Full Page
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The Advisory Committee of Khabbar has unanimously decided NOT to accept any ads. wherein the advertisers prefer to stay anonymous by using Khabbar reference.

#### **WANTED:**

Any Hoon Khabbar, sunshine news, your or your child's promotion or achievement, articles of interest, etc. are always in need to be published in Khabbar. Share your joy or grief with fellow Konkanis. Send your contribution to: Khabbar, P. O. Box 222, Lake Jackson, TX 77566-0222. email: <a href="mailto:khabbar@hotmail.com">khabbar@hotmail.com</a>

#### KONKANI CHARITIES

The American Konkani Association (A. K. A.) is helping eligible Konkani youth by granting College Loan Scholarships. Send your generous contributions to:

American Konkani Association, 1613 Maple Avenue, Berwyn, IL 60402

#### KONKANI CHARITIES

The Saraswat Foundation is helping poor deserving Bhanaps in India. Send your donations to: Saraswat Foundation 178 Norman Drive, Morrisville, PA 19067

#### **KONKANI CHARITIES**

The Three river Area Konkani Association (TAKA) is a non-profit organization helping the needy Konkanis in North America and India. Send generous contributions to:

Three river Area Konkani Association 111 Volpe Dr., MONROEVILLE, PA 15146

#### World Konkani Conference (WKC)-1995 Video

As a fundraiser, the Konkani Basha Mandal of Mangalore has provided a rare video-"Coming Together" of the WKC-1995. This 35-min. video covers the highlights of the December 1995 historic event held in Mangalore. The social and cultural events are a treasure every Konkani should have. Please, send \$20 (cash or check made out to WKC-1995) and mail to:

Ms. Nina Padukone, 430W 22nd Street, New York, NY 10011

#### KONKANI COOK BOOKS

The two Konkani Cook Books, "Indian Cooking Konkani Style" and "Millennium Masala Konkani Style" published by American Konkani Association (A. K. A.) are for sale. The cost per book is \$12.00 + \$1.50 for S & H. Mail check payable to A.K.A. to:

Mrs. Sandhya Kamath, 440 Glencrest Dr., Barrington, IL 60010, Phone: (847)-277-9771

skamath@aol.com

#### MATRIMONIAL ASSISTANCE

As a service to Konkani community, Sri. R. C. Nayak will offer free matrimonial assistance. Contact: Sri. R. C. Nayak
Pais Compound, Microwave Station Road
Mangalore 575 006 (INDIA)

#### APPEAL

I hope you are aware of my free service of Matrimonial Information to our Samaj since 1988. To meet the expenses towards the free publication of the SOIRIKA, your financial help is required. Your contribution will also be utilized to provide Mangalasutra, Sarees, and marriage expenses of the poor brides and also for the remarriage of young widows. Your contribution, big or small, may kindly be sent to by way of DD or check in favor of "GSB Matrimonial Trust" and sent to: Sri B. N. Baliga, 5th Main, Near Band Box, Bangalore 560 009 (INDIA) <a href="http://www.soirika.com">http://www.soirika.com</a>

#### MATRIMONIAL DIRECTORY

Mr. Basti Ganapathi Shenoy of Las Vegas, NV is maintaining a list of Konkani youth that are eligible for matrimony. Interested boys and girls can send in their information to:

Mr. Basti Ganapathi Shenoy 8301 West Charleston Blvd., # 2078, LAS VEGAS, NV89117 Phone: (702)-341-6706

bshenoy@aol.com

#### WANTED

Do you think your area is not represented in *Khabbar*? Then, it is time to get involved. *Khabbar* is looking for Area Correspondents to collect the *hoon khabbar* in their area and report it to *Khabbar* on a regular basis. Being the unofficial representative, you have the proud responsibility of recognizing and reporting newsworthy items for *Khabbar*.

Contact: khabbar@hotmail.com

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Sharda Shenoy (973)-334-7340

Shobha Rao (215)-957-1418 Suman Pai (817)-483-0133

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Suresh & Usha Shenoy wish to thank members of the community for their support to Kirti Jewelers over the years and look forward to serving you for many years to come.